

# WELCOME BACK TO SCHOOL



## Check out your awesome, new menus!



*Menus above represent sample menus and not actual menu items.*

Search for "Menus by Nutrislice" on Google Play or the App Store or visit



**See your menus at:**



## Union County TEAMS Charter

# Cafeteria Point of Sale Debit System

**Starting September 4, 2018**



- Your school uses a computerized point of sale system in the cafeteria. Parents can make payments online or send in payments to the cafeteria using the coupon below.
- This system allows for account purchases of meals and snacks.
- Parents may pay in advance for purchases.
- All students will be issued a Personal Identification Number (PIN) which corresponds to account and which should be kept confidential.

their food service

- Students still have the option to pay cash on a daily basis.
- Any prepaid meals on a meal card from the previous year will automatically be put on the student's account.
- Any remaining funds at the end of the school year are available for use in September or may be transferred to a sibling's account.

## Online Payments

- Log on [www.payschoolscentral.com](http://www.payschoolscentral.com)
- Select the "Sign-Up" option from the menu
- The screens will guide you through the process to establish your account
- The internet convenience fee is a percentage for credit cards and a flat fee for ACH transaction

## Advantages

- Students have more time to eat
- Minimizes "lost" lunch money
- Technology minimizes cashier errors
- Parents can access purchasing history
- Payments can be made 24/7 online
- Snacks can be purchased on account
- Low balance alerts for parents

**Any Questions?** Call Mr. Pellew, Assistant Business Administrator

## Payment Coupon: For use when sending payments in to the school

### Union County TEAMS Charter PAYMENT FORM

Check Box:     Meals Only             Meals and A la Carte

Student Name \_\_\_\_\_

Grade \_\_\_\_\_ Homeroom or Teacher \_\_\_\_\_ Date \_\_\_\_\_

Check Amount \_\_\_\_\_ Check # \_\_\_\_\_

Please put student's name on check memo and make payable to  
**Union County TEAMS Charter—Food Service**  
 \*One student per envelope/form.



# School Food Service Information

2018-2019  
School Year

## Union County TEAMS Charter

### The School Day Just Got Healthier!

Did you know your child's school lunch includes a wide variety of fruits, vegetables, and whole grain-rich foods; fat-free or low-fat milk; appropriate meal portions designed for a child's age; and less saturated fat, sodium and zero trans fat? We take great pride in being able to offer your children healthier food choices so that they can fuel their bodies to get them through the school day and beyond! Here are some important facts about the school meals:

- The school breakfast and lunch are comprised of nutrient-dense, age-appropriate meals.
- Some highly active students, like athletes, may need more calories. Schools may offer second helpings of meal components including fruits and vegetables a-la-carte.
- School meals are required to meet the following sodium targets, which will remain in effect for the 2018-2019 School Year:

Grade	Lunch	Breakfast
K-5	≤1,230mg	≤540mg
6-8	≤1,360mg	≤600mg
9-12	≤1,420mg	≤640mg

**More milk options** will be made available for those students who wish to have 1% low-fat flavored milk as an option as well as unflavored nonfat or low-fat milk varieties.

The **Smart Snacks in School** rules set limits on calories, fats, sugar and sodium and encourage the consumption of dairy, whole grains, protein, fruits and vegetables. No "empty calorie" foods will be offered a la carte. Please see the current year's price list on your website for pricing and selections.

For more information visit [www.fns.usda.gov/healthierschoolday](http://www.fns.usda.gov/healthierschoolday)

We are happy to offer delicious and nutritious meals during the school day to your children. Making healthy choices and engaging in proper physical activity is a winning combination for a successful school year!

**Breakfast Begins:** September 4, 2018

**Lunch Begins:** September 4, 2018

### Meal Prices and Payments

Student Breakfast	\$1.50	Student Lunch	\$2.85
Reduced Breakfast	\$0.30	Reduced Lunch	\$0.40
Adult Breakfast:	\$2.25	Adult Lunch:	\$3.60

Cash, Check and online payments are accepted for Meals and A la carte purchases. Checks are to be made payable to

### Union County TEAMS Charter

Visit the school website for online payments,

[www.payschoolscentral.com](http://www.payschoolscentral.com)

Options for account management include low balance email notification and auto replenishment. Visit the schools website for the charging policy.

### Free & Reduced Meals

Parents may apply at any time during the school year for Free or Reduced meals. Contact your school board office for an application or online on the district website.

### Contact Information

If you have any questions, suggestions, or concerns please contact your Assistant Business Administrator, Mr. Pewell.

Please visit your school website for our monthly menus, price lists, Cafeteria Connection newsletters and updates. For nutrition information, please visit: [www.maschiofood.com](http://www.maschiofood.com).

**We greatly appreciate your cooperation and look forward to a great year!**

#### Breakfast

All meals include:

Grains/Breads\*  
Meat/Meat Alternative  
Fruit / Juice / Vegetable  
Refreshing Milk

Students must choose at least 3 items—  
Make sure 1 is a Fruit, Juice, or Vegetable!

#### Lunch

All meals include:

Grains/Breads\*  
Meat/Meat Alternative  
Fruit/Juice  
Vegetables  
Refreshing Milk

Students must choose at least 3 of the 5  
components— Make sure 1 is a Fruit or Vegetable!

\*Whole-Grain Rich

Connect with us!    